## Table of contents

- 1: Obesity and the cardiovascular system: redefinition of this relationship
- 2: Obesity definition, classification, phenotypes, and worldwide prevalence
- 3: Metabolically healthy obesity
- 4: Adipose tissue and the heart
- 5: Markers of adiposity
- 6: Echocardiography in obesity
- 7: Obesity and atherosclerosis
- 8: Obesity and hypertension
- 9: Electrocardiogram and arrhythmias in obesity
- 10: Obesity and heart failure
- 11: Obesity and peripheral venous diseases
- 12: Obesity and obstructive sleep apnoea
- 13: Weight loss strategies
- 14: Major trials in obesity

Further reading