Table of Contents:

Unit I: Fundamentals of Nursing

- 1. Evolution of Nursing
- 2. Legal and Ethical Aspects of Nursing
- 3. Documentation
- 4. Communication
- 5. Nursing Process and Critical Thinking
- 6. Cultural and Ethnic Considerations

Unit II: Fundamentals of Clinical Practice

- 7. Asensis and Infection Control
- 8. Body Mechanics and Patient Mobility
- 9. Hygiene and Care of the Patient's Environment
- 10. Safety

Unit III: Introduction to Nursing Interventions

- 11. Vital Signs
- 12. Physical Assessment
- 13. Admission, Transfer, and Discharge
- 14. Surgical Wound Care
- 15. Specimen Collection and Diagnostic Testing
- 16. Care of Patients Experiencing Urgent Alterations in Health
- 17. Complementary and Alternative Therapies
- 18. Pain Management, Comfort, Rest, and Sleep
- 19. Nutritional Concepts and Related Therapies
- 20. Fluids and Electrolytes
- 21. Dosage Calculation and Medication Administration
- 22. Care of Patients with Alterations in Health

Unit IV: Nursing Care Across the Lifespan

- 23. Lifespan Development
- 24. Loss, Grief, Dying, and Death
- 25. Health Promotion and Pregnancy
- 26. Labor and Delivery
- 27. Care of the Mother and Newborn
- 28. Care of the High-Risk Mother, Newborn, and Family with Special Needs
- 29. Health Promotion for the Infant, Child, and Adolescent
- 30. Basic Pediatric Nursing Care
- 31. Care of the Child with a Physical and Mental or Cognitive Disorder
- 32. Health Promotion and Care of the Older Adult

Unit V: Fundamentals of Mental Health Nursing

- 33. Concepts of Mental Health
- 34. Care of the Patient with a Psychiatric Disorder
- 35. Care of the Patient with an Addictive Personality

Unit VI: Fundamentals of Community Health Nursing

- 36. Home Health Nursing
- 37. Long-Term Care
- 38. Rehabilitation Nursing
- 39. Hospice Care

Unit VII: Transition to Professional Nursing

40. Professional Roles and Leadership Appendix A: Common Abbreviations

Appendix B: Laboratory Reference Values

Appendix C: Answers to Review Questions for the NCLEX® Examination