Table of Contents

About the Contributors vii

Introduction 1

1 The Context of Professional Development 6 *Melanie Jasper and Gail Mooney*

2 Reflection and Reflective Practice 41 *Melanie Jasper and Megan Rosser*

3 Reflective Writing for Professional Development 83 *Melanie Jasper and Gail Mooney*

4 Decision-Making in Professional Practice 109 Georgina Koubel

5 Work-based Learning and Portfolios 136 *Melanie Jasper and Megan Rosser*

6 Moving from Clinical Supervision to Person-centred Development: A Paradigm Change 168 Paul Elliott

7 Practising as a Professional 204 *Melanie Jasper and Megan Rosser*

Index 241