Table of Contents

Preface 6

Contributors 7

How to use your textbook 8

About the companion website 11

Part 1 System of care

1 Assessment 12

2 Management and communication 14

Part 2 Skin

3 Wounds 16

- 4 Soft tissue infections 18
- 5 Other soft tissue infections 20
- 6 Burns and scalds 22

Part 3 The head

- 7 Head injury and transient loss of consciousness 24
- 8 Neurological problems 26
- 9 Headache 28

Part 4 Ear, nose and throat

- 10 Ear problems 30
- 11 Dizziness and vertigo 32
- 12 The nose 34

Part 5 The face

- 13 Facial injury 36
- 14 Eye problems 38
- 15 Mouth and dental 42

Part 6 Chest and abdomen

- 16 Upper respiratory tract infections 44
- 17 Lower respiratory tract infections 46
- 18 Chest pain 48
- 19 Abdominal pain 50
- 20 Urinary tract infections 52
- 21 Urogenital problems 54
- 22 Gynaecological problems 56
- 23 Anorectal disorders 58

Part 7 Musculoskeletal

- 24 Spine examination 60
- 25 Neck pain 62
- 26 Back pain 64
- 27 Shoulder examination 66
- 28 Shoulder injuries 68
- 29 The elbow 70
- 30 The wrist 72
- 31 Hand examination 74
- 32 Hand: soft tissue injuries 76
- 33 Hand: bony injuries 78
- 34 The hip 80
- 35 Knee examination 82
- 36 Knee problems 84
- 37 The calf and shin 86
- 38 The ankle 88
- 39 The foot 90

Part 8 Children

- 40 Approach to the injured child 92
- 41 The limping child 94
- 42 The febrile child 96
- 43 Foreign bodies in children 99
- 44 Skin problems in children 102

Index 105