# Table of contents

## Preface
Norman Sartorius

### Part I - Suicide in a Religious and Cross-cultural Perspective:

1. Camilla Wasserman: Suicide: considering religion and culture
2. HM van Praag: The role of religion in suicide prevention
3. Wu Fei: Cultural and religious traditions in China: the influence of Confucianism on suicide prevention
4. Lakshmi Vijayakumar: Hindu religion and suicide in India
5. Somparn Promta & Prakarn Thomyangkoon: A Buddhist perspective on suicide
6. Yoshihiro Kaneko, Akiko Yamasaki & Kiminori Arai: The Shinto religion and suicide in Japan
7. Israel Orbach & Aron Rabinowitz: Suicide in the Jewish scriptures
8. Ahmed Okasha & Tarek Okasha: Suicide and Islam
9. Nils Rettersol & Øivind Ekeberg: Christianity and suicide
10. Lourens Schlebusch, Stephanie Burrows & Naseema Vawda: Suicide prevention and religious traditions on the African continent
11. Emilio Ovuga & Jed Boardman: The role of religion in suicide prevention work in Uganda
12. Gaspar Baquedano: Maya religion and traditions: influencing suicide prevention in contemporary Mexico

### Part II - The Magnitude and Implication of Suicide

13. José Bertolote & Danuta Wasserman: Development of definitions of suicidal behaviors: from suicidal thoughts to completed suicides
14. José Bertolote & Alexandra Fleischmann: A global perspective on the magnitude of suicide mortality
15. José Bertolote, Alexandra Fleischmann, Diego De Leo & Danuta Wasserman: Suicidal thoughts, suicidal plans and attempts in the general population on different continents
16. Suicide attempts in the general population and in clinical settings on the five continents: epidemiological and clinical aspects
16a. Lourens Schlebusch & Stephanie Burrows: Suicide attempts in Africa
16b. Guo-Xin Jiang & Qi Cheng: Suicide attempts in Asia
16c. Neury J Botega & Sabrina Stefanello: Suicide attempts in South and Central America
16d. Morton Silverman: Suicide attempts in North America
16e. Ellenor Mittendorfer-Rutz & Armin Schmidtke: Suicide attempts in Europe
16f. Jane Pirkis, Annette Beautrais & Tony Durkee: Suicide attempts in New Zealand and Australia
17. David Lester: Extended suicide

### Part III - Theories of Suicidal Behaviour

18. Ilkka Mäkinen: Social theories of suicide
20. David Rudd, David Trotter & Ben Williams: Psychological theories of suicidal behaviour
21. Danuta Wasserman, Marcus Sokolowski, Jerzy Wasserman & Dan Rujescu:
Neurobiology and genetics of suicide
22: Alec Roy & Marco Sarchiapone: Interaction of hereditary and environmental factors in the psychiatric disorders associated with suicidal behaviours

Part IV - Political Determinants of Suicide
23: Airi Värnik & Alexander Mohovikov: Suicide during transition in the former Soviet Republics
24: Xiao Shuiyuan: Suicide study and suicide prevention in mainland China
25: Danuta Wasserman: Suicide and attempted suicide among indigenous people
26: David Lester: Suicide during war and genocide

Part V - Social and Economical Determinants of Suicide
27: Ilkka Mäkinen & Danuta Wasserman: Labour market, work environment and suicide
28: Menakshi Sharma & Dinesh Bhugra: Suicide among migrants
29: Sylvia Sara Canetto: Prevention of suicidal behaviour in females: opportunities and obstacles
30: Wolfgang Rutz & Zoltan Rihmer: Suicide in men: suicide prevention for the 'male person'
31: Vsevelod Rozanov, Lars Mehlum & R Stiliha: Suicide in military settings, combats and veterans
32: Ad Kerkhof & Eric Blaauw: Suicide in prisons and remand centres: screening and prevention

Part VI - Psychiatric and Somatic Determinants of Suicide
33: Jouko Lönnqvist: Major psychiatric disorders in suicide and suicide attempters
34: Barbara Stanley & Jennifer Jones: Risk for suicidal behaviour in personality disorders
35: Elsebeth Stenager & Egon Stenager: Somatic diseases and suicidal behaviour

Part VII - Suicide Risk Assessment
Psychometric measures
36: Per Bech & S Awata: Measurement of suicidal behaviour with psychometric scales
37: Alexandra Fleischmann, José Bertolote, Diego De Leo & Danuta Wasserman: Instruments used in SUPRE-MISS - the WHO Multisite Interventions Study on Suicidal Behaviours

Clinical measures
38: March Schechter & John Maltsberger: The clinical interview as a method in suicide risk assessment
39: Herbert Hendin: Recognizing a suicide crisis in psychiatric patients

Biological measures
40: John Mann & Dianne Currier: Biological predictors of suicidal behaviour in mood disorders
41: Maria Oquendo, Tresha Gibbs & Ramin Parsey: Neuroimaging of suicidal behaviour: where does the field stand?
42: Lars-Håkan Thorell: Electrodermal hyporeactivity and suicide risk
43: Victoria Arango, Helene Bach-Mizrachi, Mark D Underwood & John Mann:
Post-mortem studies of serotonin in suicide

**Part VIII - Cost of Suicide and Prevention Strategies**
44: David McDaid: An economic perspective on suicide across the five continents
45: Danuta Wasserman & Elizabeth Mårtensson: World Health Organization and European Union policy actions, responsibilities and solutions in preventing suicide
46: Martin Andersson & Rachel Jenkins: The role of the state and legislations in suicide prevention - the five continents perspective
47: Danuta Wasserman & Tony Durkee: Strategies in suicide prevention

**Part IX - Health Care Strategies: Treatment of Suicidal Adults**
48: John Maltsberger & Mark J Goldblatt: Countertransference in the treatment of suicidal patients
49: Hans-Jurgen Möller: Pharmacological and biological treatments of suicidal individuals
50: Jan Fawcett: Severe anxiety and agitation as treatment modifiable risk factors for suicide
51: Jan Beskow, Paul Salkovskis & Astrid Palm Beskow: Cognitive treatment of suicidal adults
52: Barbara Stanley & Beth S Brodsky: Dialectical behaviour therapy for suicidal individuals: the international perspective
53: David M Rudd: The psychological and behavioural treatment of suicidal behaviour: what are the common elements of treatments that work?
54: Edward J Dunne: Family psychoeducation with suicide attempters
55: Thomas Brönisch: The role of paintings in suicide treatment and prevention

**Part X - Health Care Strategies: Treatment Settings for Adults**
56: Madelyn Gould & John Kalafat: Crisis hotlines
57: Zoltan Rihmer & Wolfgang Rutz: Treatment of attempted suicide and suicidality in primary care
58: Lars Mehlum: Treatment of suicide attempts and suicidality in psychiatric care
59: Lil Träskman-Bendz & Charlotta Sunnqvist: A specialized in-patient unit for suicidal patients: advantages and disadvantages
60: Herbert Hendin: Physician-assisted suicide and euthanasia: a medical and psychological perspective

**Part XI - Public Health Strategies: Awareness and Education**
61: Ulrich Hegerl, Sandra Dietrich, Tim Pfeiffer-Gerschel, Lisa Wittenburg & David Althaus: Education and awareness programs for adults: selected and multilevel approaches in suicide prevention
62: Christina Hoven, Sam Tyano & Donald Mandell: Community mental health in youth and suicide awareness: exposing dark secrets - what must be told
63: David Titelman & Danuta Wasserman: Suicide prevention by education and the moulding of attitudes
64: Michael Westerlund, Sylvia Schaller & Armin Schmidtke: The role of mass-media reporting and suicide prevention
65: Michael Westerlund & Danuta Wasserman: The role of the internet in suicide prevention
66: Gérard Camy: Representations of suicide in cinema

**Part XII - Public Health Strategies: Early Detection and Health Promotion**

67: Andrej Marusic: Early detection of mental ill-health, harmful stress and suicidal behaviours

68: Madelyn Gould: The role of schools, colleges and universities in suicide prevention

**Part XIII - Public Health Strategies: Controlling the Access to Means of Suicide**

69: Annette Beautrais & Sheree Gibb: Protecting bridges and high buildings in suicide prevention

70: Ying-Yeh Chen & S F Yip: Prevention of suicide by jumping: experiences from Taipei City (Taiwan), Hong Kong and Singapore

71: Antoon Leenaars, David Lester, Gaspar Baquedano, Chris Cantor, John Connolly, Emilio Ovuga, Silvia Pelaez Remigio & Lakshmi Vijayakumar: Restriction of access to drugs and medications in suicide prevention

72: Antoon Leenaars: Gun availability and control in suicide prevention

73: Michael Phillips & David Gunnell: Restriction of access to pesticide in suicide prevention

74: Karl-Heinz Ladwig, Esther Ruf, Jens Baumert & Natalia Erazo: Prevention of metropolitan and railway suicide

75: Paul Yip: Prevention of suicide due to charcoal burning

76: Danuta Wasserman & Gergö Hadlaczky: Restriction of alcohol in suicide prevention

**Part XIV - Survivors of Suicide Loss**

77: Edward J Dunne & Karen Maxim-Dunne: Why suicide loss is different for the survivors

78: Onja Grad: Therapists as survivors of suicide loss

79: Frans Barro: How to help survivors of suicide loss

**Part XV - Young People and Suicide**

80: Alan Apter, Cendrine Bursztein, José Bertolote, Alexandra Fleischmann & Danuta Wasserman: Suicide on the five continents in the young

81: Israel Orbach & Maya Johan-Barak: Psychopathology and risk factors for suicide in the young: theoretical and empirical

82: Robert A King: Psychodynamic and family aspects of youth suicide

83: Alan Apter, Orit Krispin & Cendrine Bursztein: Psychiatric disorders in suicide and suicide attempters

84: Gil Zalsman & Gal Shoval: The link between physical disabilities and suicidality in children and adolescents

85: Anat Brunstein Klomek, Orit Krispin & Alan Apter: Suicidal behaviour in children and adolescents in different clinical settings

86: David Brent: Effective treatments for suicidal youth: pharmacological and psychosocial approaches

87: Anthony Spirito & Christianne Esposito-Smythers: Individual therapy techniques with suicidal adolescents

88: Kevin Malone & Su Yin Yap: Innovative psychosocial rehabilitation of suicidal young people

**Part XVI - Elderly and Suicide**
89: Diego De Leo, Karolina Krysinska, José Bertolote, Alexandra Fleischmann & Danuta Wasserman: Suicidal behaviours on the five continents among the elderly
90: Diego De Leo, Brian Draper & Karolina Krysinska: Suicidal elderly people in clinical and community settings: risk factors, treatment and suicide prevention

Part XVII - Networking in Suicide Research and Prevention
91: Benedetto Saraceno: The World Health Organization’s role in suicide prevention
92: Marco Sarchiapone, Jean Pierre Soubrier & Danuta Wasserman: The World Psychiatric Association (WPA) - section of suicidology
93: Lars Mehlum: International Association for Suicide Prevention (IASP)
94: Danuta Wasserman & John Mann: The International Academy of Suicide Research (IASR)
95: Danuta Wasserman, Marco Sarchiapone & Vladimir Carli: The European Psychiatric Association (EPA) - section on suicidology and suicide prevention
96: Lanny Berman: American Association of Suicidology (AAS)
98: Herbert Hendin: Suicide Prevention International (SPI)
99: Karl Andriessen: The role of volunteer organizations in suicide prevention

Part XVIII - Examples of how to Develop Suicide Prevention on the five Continents
Africa
100: Lourens Schlebusch & Stephanie Burrows: South Africa
101: Emilio Ovuga & Jed Boardman: Uganda

Asia
102: Paul Yip: Hong Kong
103: Lakshmi Vijayakumar: India
104: Chiaki Kawanishi & Yoshihiro Kaneko: Japan
105: Murad M Khan: Pakistan
106: Boon Hock: Singapore
107: Huong Thi Tran: Vietnam

Australia/New Zealand
108: Diego De Leo: Australia
109: Annette Beautrais: New Zealand

Europe
110: Airi Värnik & Danuta Wasserman: Estonia
111: Louko Lönnqvist: Finland
112: Véronique Narboni & Jean Pierre Soubrier: France
113: Elmar Etzersdorfer: Germany
114: Alan Apter: Israel
115: Marco Sarchiapone: Italy
116: Doina Cosman: Romania
117: Valery Krasnov: Russia
118: Gregor Henderson: Scotland
119: Danuta Wasserman, Ana Nordenskjöld & Inga-Lill Ramberg: Sweden
120: Vsevolod Rozanov & Alexander Mohovikov: Ukraine

North America
121: Gustavo Turecki: Canada
122: Morton Silverman: United States of America
South America
123: Paulo Alterwain, Hector Basile, Daniel Frankel, Jaime Greif, Silvia
Hernandez, Maria del Carmen Paparamborda: Suicide prevention in South
America
124: Carlos Martinez: Argentina
125: Neury Botega: Brazil
126: Marcello Ferrada-Noli: Chile
127: Sergio Perez A Barrero: Cuba
128: Rossana Pettersen & Freddy Vasquez: Peru
129: Silvia Peláez: Uruguay