

Table of Contents:

Foreword

Acknowledgements

Introduction 2012

Introduction 2002 (1st edition)

Ch 1. The malalignment syndrome: A synopsis

Ch 2. Common presentations and diagnostic techniques

Ch 3. The Malalignment Syndrome

Ch 4. The malalignment syndrome: Related pain phenomena and the implications for medicine

Ch 5. Clinical correlations in sports

Ch 6. Horses, saddles and riders

David Lane and Lauren Fraser

Ch 7. A comprehensive treatment approach

Ch 8. Treatment: Manual therapy modes

Sarah Stevens and Karina Steinberg

Ch 9. Conclusion

Appendices

1. Sacroiliac joint 'rotational malalignment'

2. Sacroiliac joint 'upslip' (right side)

3. Asymmetry of lower extremity ranges of motion

4. Asymmetry of lower extremity muscle strength

5. Clinical correlations specific to running

6. Clinical findings: Anatomical (true) long right leg

7. Combination of asymmetries (1st case presentation)

8. Combination of asymmetries (2nd case presentation)

9. 'The thoracolumbar syndrome'

10. Clinical correlations to non-specific sports

11. Clinical correlations to specific sports

12. Factors contributing to recurrence of injuries

13. Causes of recurrent malalignment

Glossary

References