
Gynecology

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Gynecology

A Board Exam Review

Second Edition



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Preface to the Second Edition

Since the publication of the first edition of *Gynecology: A CREOG and Board Exam Review* in 2020, the field of gynecology has continued to evolve rapidly—both in clinical practice and in the expectations placed on trainees preparing for CREOG and board examinations. While the foundational principles of clinical gynecology remain constant, advances in evidence-based medicine, refinements in diagnostic algorithms, and updates to management guidelines have reshaped many aspects of patient care.

This second edition reflects those developments and our ongoing commitment to supporting residents and clinicians with a resource that is both **practical for daily clinical use** and **rigorous in preparing learners for examination success**. As with the first edition, our goal has been to bridge the traditional divide between comprehensive academic textbooks and concise clinical review resources. In updating this manuscript, we have:

- **Revised and expanded content** throughout to incorporate key evidence and guideline updates since the first edition, ensuring that readers encounter the most current and clinically relevant information
- **Refined core concepts and key points** to enhance clarity, retention, and clinical applicability, particularly for time--pressured learners

We continue to present a broad spectrum of gynecologic topics—from common benign conditions to complex oncologic and

reproductive disorders—with an emphasis on high-yield principles, logical clinical frameworks, and practical interpretation of evidence. This edition reinforces our educational philosophy that an effective review text must be **concise without being superficial**, and **comprehensive without being overwhelming**, reflecting how clinicians learn, think, and practice.

To the next generation of gynecologists: may this book remain a trusted companion throughout your training, a source of confidence in clinical settings, and a structured guide during exam preparation. Ultimately, our hope is that this second edition supports not only examination success but also the development of thoughtful, knowledgeable clinicians committed to delivering high-quality, evidence-based care.

Dartford, UK

Sherif Shazly

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