

Rosen & Barkin's
**Medicina di
Emergenza
Urgenza
in 5 minuti**

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**Edizione italiana sulla sesta in lingua inglese a cura di
Vito Cianci**

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PICCIN



This is a translation of
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Traduzione di Calogero Trapani e Elena Trapani

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Peter Rosen, MD, è sempre stato una figura di primissimo piano, considerato da molti il "padre" della medicina d'emergenza. È stato guida esperta e saggia, insegnante, Musa e amico per tutti noi, ma - probabilmente - il suo ruolo più importante è stato il suo impegno verso la famiglia come marito, padre, nonno e zio. Il suo carisma, il suo entusiasmo e il suo amore per la vita sono evidenti e indiscutibili e forniscono a tutti noi una prospettiva fondamentale per la nostra professione. Peter ci ha insegnato come prenderci cura dei pazienti più difficili in trattamento di emergenza.

Ha iniziato a operare come medico chirurgo generale presso l'esercito e successivamente nel Wyoming; in seguito ha lavorato presso l'Università di Chicago, dove ha iniziato l'internato in medicina d'emergenza. Trasferitosi a Denver come primario di medicina d'emergenza fino al 1989, Peter ha creato un ambiente che ha stimolato l'apprendimento, l'eccellenza nelle cure cliniche e la leadership. Grazie alla sua lungimiranza, il programma di Denver è stato il punto di riferimento costante di molti pionieri della medicina d'emergenza negli ultimi 30 anni. L'Università della California, San Diego, lo ha in seguito assunto come mentor e guida per la successiva generazione di studenti di medicina d'emergenza. Peter non era un tipo "casa e chiesa". Tutt'altro! Amava e praticava costantemente attività sportive come sciare, giocare a tennis, giocare a golf e andare in barca a vela.

Durante la sua carriera ha curato molti dei principali libri di testo e riviste di medicina d'emergenza del mondo. Ha fatto parte di molte associazioni accademiche, tra cui il Board of Directors of the American Board of Emergency Medicine durante i suoi anni di formazione, ed ha ricevuto riconoscimenti ufficiali per i suoi eccezionali contributi e la sua leadership da parte dell'American College of Emergency Medicine e della Society of Academic Emergency Medicine.

L'impronta di Peter sulla medicina d'emergenza è stata determinante per la crescita di questa specialità e per il progresso dell'eccellenza nella cura dei nostri pazienti.

È con profonda riverenza, rispetto e amore che gli dedichiamo questa edizione del *Rosen & Barkin's Medicina di Emergenza – Urgenza in 5 minuti*. È lui che ha gettato il seme per realizzare un libro strutturato in questo modo, rivelandosi da sempre un punto di forza e di riferimento per continuarne l'evoluzione.

Grazie, Peter, per la tua dedizione quasi cinquantennale a colleghi, studenti e pazienti. Tutti noi abbiamo imparato da te e ti saremo sempre debitori per averci guidato con la tua saggezza ed esperienza durante la nostra crescita come medici e insegnanti.

PREFAZIONE

Questo testo di Rosen & Barkin si è evoluto per riflettere le caratteristiche particolari della nostra pratica di medicina d'emergenza. Il nostro ambiente operativo ci presenta sfide continue per la notevole vastità delle condizioni cliniche incontrate, gli stretti vincoli temporali di una malattia acuta, le considerazioni ambientali e le esigenze logistiche di un Pronto Soccorso sempre pieno. Il tempo è essenziale! Questo libro è concepito per soddisfare le esigenze dei medici che lavorano in contesti d'urgenza e di emergenza. La formulazione di una diagnosi è di per sé impegnativa e la natura stessa del PS rende difficile l'attesa prolungata. Tuttavia, è importante che diventi istintivo pensare alla condizione statisticamente rara, ma clinicamente seria, piuttosto che limitarsi a pervenire a una diagnosi statisticamente probabile ma che non riflette effettivamente la gravità della situazione.

Il formato conciso di presentazione delle informazioni per ogni situazione considerata consente al medico d'emergenza di rispondere in modo appropriato a ciascun paziente. Il materiale informativo è a portata di mano e strutturato per essere utilizzato di frequente in emergenza. Scritto e curato da medici d'emergenza per altri colleghi d'emergenza, il libro è la sintesi di un vasto corpus di informazioni in capitoli di due o quattro pagine con le informazioni esposte secondo un format standard e agevole che stimola l'analisi e la conseguente valutazione del caso.

Nelle pagine di questo libro abbiamo tentato di integrare le competenze, l'esperienza e la conoscenza dei nostri autori. I capitoli non intendono essere un "motore per diagnosi", ma piuttosto un punto di riferimento per confermare una diagnosi supportata dal giudizio clinico e dalle evidenze soggettive e obiettive della presentazione di un paziente. I nostri autori forniscono un sommario clinico preciso e rilevante per la

cura del paziente, fornendo allo stesso tempo agli studenti e ai medici ospedalieri uno strumento prezioso per affrontare i singoli processi patologici. Siamo in debito con i nostri collaboratori per il loro impegno in questo compito.

Il libro è strutturato in modo da essere facilmente integrato e arricchito nella pratica professionale e non ha la pretesa di essere definitivo e onnicomprensivo. Come le precedenti, anche questa edizione presenta informazioni e approcci alla gestione che modificano temi correlati ad alcune delle nuove sfide che dobbiamo affrontare.

Il nostro obiettivo è di rendere questo testo utile ai professionisti che operano nel campo della medicina d'emergenza, siano essi alle prime armi o esperti. Le informazioni e l'organizzazione sono progettate in modo da essere facilmente utilizzate nel "caos" del nostro ambiente di lavoro.

Acume, capacità di giudizio ed esperienze cliniche sono le basi della nostra pratica medica. La nostra speranza è che questo libro sia utile professionalmente a medici, infermieri, assistenti medici, personale medico e studenti che operano in situazioni d'emergenza, come una risorsa da utilizzare prontamente per l'eccellenza nella cura dei pazienti che rimarranno sempre al centro dei nostri sforzi, e nel contempo stimoli e realizzi nuovi progressi in medicina d'emergenza.

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J. J. S.

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R. M. B.

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S. R. H.

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R. E. W.

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A. Z. B.

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